



Recreation Center Revised COVID-19 Reopening Guidelines (revised 3-5-2021)

We appreciate your patience as we phase-in parts of our facility so that we may provide a safe environment for all. Please do not hesitate to reach out to our staff if you have questions. We will do our best to keep you informed on any changes as they occur.

Memberships and locker rentals will be extended by six months for all members who had current memberships and locker rentals during our closing. Extensions will be offered through 3-8-2021. Please see our Recreation Center Office Staff to activate your membership extension and/or locker rental extension.

What Are Our Staff Members Doing?

- ❖ Daily health screenings of our employees for symptoms of COVID-19.
- ❖ Following the CDC's guidelines for hand washing practices.
- ❖ Installation of Safety Shields that will provide extra precautions to ensure the safety of both staff and patrons.
- ❖ Staff will be wearing face coverings or masks based on the guidelines given by the CDC and State of Michigan.
- ❖ The facility will be cleaned, disinfected and sanitized each night using enhanced cleaning methods recommended by the CDC.
- ❖ Our staff will be increasing the frequency of disinfecting high traffic/touch surfaces and exercise equipment with EPA approved disinfectants and also using enhanced cleaning methods and equipment.
- ❖ Maintaining a social distance of at least 6 feet from patrons.
- ❖ Organizing gym equipment to facilitate at least 6 foot social distancing.
- ❖ Limiting facility capacity.
- ❖ Providing additional disinfectant stations throughout the work out areas.
- ❖ Encouraging patrons to be respectful of each other and their workout space.

What Can You Do?

- ❖ Please do not come into the facility if you are feeling ill or experiencing symptoms related to COVID-19.
- ❖ Based on guidelines from the CDC and the State of Michigan, patrons will be required to wear face coverings that cover nose and mouth in all areas of the facility, except while swimming. Face shields are not sufficient.
- ❖ Wash your hands before and after each workout.
- ❖ Avoid touching your face.
- ❖ All patrons will be required to clean any equipment used before and after each use with provided disinfectant wipes and/or approved cleaning materials.
- ❖ Maintain a social distance of 6 feet or more from other patrons.
- ❖ Due to limitations on our facility capacity, please complete your workout in a timely manner.
- ❖ Bring your own exercise towel. Our towel rental service is temporarily suspended.
- ❖ Respect your fellow patrons.

Additional Things To Expect

- ❖ **Access may be restricted at peak times.** In order to comply with the CDC's social distancing guidelines, we may at times need to limit the number of people inside the facility and/or in specific areas.

Locker Rooms

- ❖ Locker rooms and showers are available to use, but please maintain the minimum of 6 feet of separation from others.
- ❖ Our staff will be disinfecting rented locker room lockers and keys.

Wellness Center

- ❖ Due to the CDC's and State social distancing guidelines, equipment may be moved and/or taken out of service to provide greater social distancing. A maximum of **18 patrons** will be allowed in the wellness center at a time.
- ❖ More disinfectant stations have been added throughout the workout areas. Please disinfect all used equipment before and after use.

Weight Room

- ❖ Due to the need for social distancing, a maximum of **four patrons** will be allowed in the weight room at a time.
- ❖ Please disinfect all used equipment before and after use.

Pool

- ❖ Lap Swim/Water Exercise will be available by appointment and will be limited to one hour per person and only one person per lane. Only current members who have provided us with an active email address will be able to receive an email invitation for the self-service portal. Once you have created your account in the self-service portal, you may book a session at <https://wscrcresreserve.ezfacility.com>, or contact the Recreation Center at 231-843-5543 to schedule an appointment. You may reserve times up to one week in advance.
- ❖ Beginning Sunday, February 7th, open swim will be available on Sundays 12pm - 5pm on a first come first serve basis. A maximum capacity of **45 people** will be allowed in the pool area.
- ❖ For open swim, pool equipment will be limited to life jackets. Belts, weights, and kickboards will be available for lap swim/water exercise. Equipment will be disinfected after each use. We will have designated containers for clean and used equipment.

Whirlpool

- ❖ The whirlpool is limited to **two patrons** at a time for a maximum of 15 minutes on a first come first serve basis.

Gym

- ❖ The Gym is available for walking, running, pickleball, and volleyball. As of Monday, February 8th, contact sports activities (basketball/soccer) are allowed.
- ❖ Sports teams gym rentals are available.
- ❖ Face masks are required at all times in the gym.
- ❖ A maximum of **100 patrons** at a time are allowed in the gym.

Racquetball

- ❖ The racquetball court is available for a maximum capacity of **four patrons**.