

West Shore Community College

Community Service Classes

Summer 2019

<u>Instructor</u>	<u>Class</u>	<u>Day</u>	<u>Time</u>	<u>Date</u>	<u>Fee</u>
<u>Deep Water Aerobics</u>					
Stege	Aqua	MWF	9:00am - 10:00am	June 17 - July 26	\$50.00
<u>Swimnastics</u>					
Stege	Aqua	MWF	10:00am - 11:00am	June 17 - July 26	\$50.00
<u>Going Ball-istic</u>					
Smith	Fitness	MW	4:00pm-5:00pm	June 17 - July 24	\$45.00
<u>Body Shaping/Weight Training</u>					
Petrus	Fitness	TR	9:00am - 10:00am	June 18 - July 25	\$45.00
Petrus	Fitness	TR	10:00am - 11:00am	June 18 - July 25	\$45.00
<u>Full Body Flexibility</u>					
Stege	Fitness	MWF	8:00am - 9:00am	June 17 - July 26	\$50.00
<u>WERQ</u>					
Mitchell	Fitness	T	5:30pm-6:30pm	June 18 - July 23	\$35.00

Registration begins at 8:00am on May 13th.

Please register online or call the Recreaion Center at 231-843-5543.

All current WSCC Rec. Center members will receive a \$5.00 discount on all Community Service Classes.

There will not be classes on Thursday, July 4th.